



Chrysalis

Counselling
Centre

Chrysalis Counselling Centre

The Chrysalis Counselling Centre seeks to provide a secure, confidential, non-threatening environment where problems can be discussed, feelings can be clarified and solutions explored with support from an experienced Counsellor.

All counselling sessions are conducted on a strictly confidential basis and the Centre works to a strict code of ethical practice.

Counselling support is available for:

- Individuals
- Children & Adolescents
- Couples
- Families

Counselling is available in the following areas:

- Self development, self esteem
- Grief and loss, trauma
- Emotional stress
- Marriage and relationship difficulties
- Separation and divorce
- Suicide, depression recovery
- Family Violence
- Sexual Abuse
- Anger management
- Spiritual issues
- Communication skills
- Parenting skills

Note about location & access

Location: 126 North Road

Access to the Waiting & Counselling rooms is through the North Road entrance (ie not through the June Court entrance to The Crazy Cow Activity Centre)

126 North Road
Warragul 3820

For appointments, contact

Martin: 1300 47 31 47

Jenni: 0427 486 588



Counsellor Profiles

Martin Gillespie

Bach. of Theology (B.Th),
Grad. Dip. in Pastoral Counselling
Grad. Cert. Social Science
Cert. IV in Family Violence



Martin Gillespie graduated from Kingsley College Victoria in 1987 with a Bachelor of Theology and a Post Graduate Diploma in Pastoral Counselling. Since then he has worked and studied in the two parallel disciplines of theology and psychology, both as a pastor and a counsellor. Martin is currently the Pastoral Minister of the Warragul Church of Christ and manager and counsellor of the Chrysalis Counselling Centre, Warragul and the Living Springs Counselling Centre, Berwick. Martin is married with two children.

Contact Martin:
1300 47 31 47

Jenni Wall

Adv Dip Counselling & Family Therapy
CCAA Member



Jenni is a compassionate and empathetic counsellor who journeys with her clients to achieve healing and wholeness. She has a heart for women who are struggling with direction and purpose. Jenni provides a safe place which enables clients to explore their concerns and distress at their own pace. She utilises different therapies and integrates them to suit each client's needs. Jenni offers counselling for those struggling with grief and loss, trauma, anxiety, stress management and relationship issues. Jenni is a registered nurse and midwife with a background in student health, emergency, trauma and palliative care nursing and she brings a wealth of experience to her counselling.

Contact Jenni:
0427 486 588

Counselling Sessions

Counselling sessions are normally 50-60 minutes in length. Counselling is often a continuing process and appointments can be arranged on a weekly or fortnightly basis. Notice of cancellation is requested at least 24 hours in advance where you are unable to keep an appointment.

Appointments

All counselling sessions are by appointment only. Appointments are available during the day and some evenings.

To make an appointment, please ring one of the Counsellors to discuss your needs and to arrange a suitable appointment time.

Fees

Counselling fees (per sessions) are:

- Individual \$50
- Couples \$60
- Family \$70

The Chrysalis Counselling Centre, as a service on behalf of the local churches, understands that some in the community face financial difficulties. If this is the case for you, talk to the counsellor as fees may be negotiable.